

## GENÇLİK ve SPOR HİZMETLERİ MÜDÜRLÜĞÜ SPOR MERKEZLERİ ÇALIŞMA GÜN ve SAATLERİ

## BEYLİCİUM

## FİTNESS

PAZARTESİ & ÇARŞAMBA	09:30 11:00	11:00 12:30	serbest	13:30 15:00	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00		
SALI & PERŞEMBE	09:30 11:00	11:00 12:30	serbest	13:30 15:00	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00		

## SALON 3 PİLATES

PAZARTESİ & ÇARŞAMBA	09:30 10:30	10:30 11:30	11:30 12:30							
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## SALON 3 AEROBİK

SALI & PERŞEMBE	09:30 10:30	10:30 11:30	11:30 12:30				18:00 19:00	19:00 20:00	20:00 21:00	
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## SALON 1 YOGA

PAZARTESİ & ÇARŞAMBA				14:00 15:00	15:00 16:00	16:00 17:00	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00
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## SALON 3 ZUMBA

PAZARTESİ & ÇARŞAMBA				14:00 15:00	15:00 16:00	16:00 17:00				
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## SALON 1 PİLATES

PAZARTESİ & ÇARŞAMBA	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest				
SALI & PERŞEMBE	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00

## SALON 3 ZUMBA

PAZARTESİ & ÇARŞAMBA							17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00
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## SALON 2 PİLATES

PAZARTESİ & ÇARŞAMBA	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00
SALI & PERŞEMBE	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00

## ZÜBEYDE ANA S.Y.M ( KADIN )

## FİTNESS

PAZARTESİ & ÇARŞAMBA	09:30 11:00	11:00 12:30					18:00 19:30	19:30 21:00		
SALI & PERŞEMBE	09:30 11:00	11:00 12:30					18:00 19:30	19:30 21:00		

## PİLATES

PAZARTESİ & ÇARŞAMBA	09:30 10:30	10:30 11:30	11:30 12:30				18:00 19:00	19:00 20:00	20:00 21:00	
SALI & PERŞEMBE	09:30 10:30	10:30 11:30	11:30 12:30							

## ZUMBA

SALI & PERŞEMBE				13:30 14:30		16:30 17:30	18:00 19:00	19:00 20:00	20:00 21:00	
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## ZÜBEYDE ANA S.Y.M ( ERKEK )

## FİTNESS

PAZARTESİ & ÇARŞAMBA & CUMARTESİ	09:30 11:00	11:00 12:30	serbest	13:30 15:00	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00		
SALI & PERŞEMBE & PAZAR	09:30 11:00	11:00 12:30	serbest	13:30 15:00	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00		
CUMARTESİ & PAZAR	09:30 11:00	11:00 12:30	serbest	13:30 15:00	15:00 16:30	16:30 18:00	18:00 19:30			

## ÖZGEÇAN ASLAN KÜL. MRKZ.

## FİTNESS

PAZARTESİ & ÇARŞAMBA	09:30 11:00	11:00 12:30	serbest	13:30 15:00	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00		
SALI & PERŞEMBE	09:30 11:00	11:00 12:30	serbest	13:30 15:00	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00		

## YOGA

SALI & PERŞEMBE				14:00 15:00	15:00 16:00	16:00 17:00				
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## PİLATES

PAZARTESİ & ÇARŞAMBA	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest				
SALI & PERŞEMBE	09:30 10:30	10:30 11:30	11:30 12:30	serbest	serbest	serbest				

## PİLATES

PAZARTESİ & ÇARŞAMBA				serbest	serbest	serbest	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00
SALI & PERŞEMBE				serbest	serbest	serbest	17:00 18:00	18:00 19:00	19:00 20:00	20:00 21:00

## AŞIK VEysel YÜZME HAVUZU

	YÜZME	EĞİTİM 1	EĞİTİM 2	SERBEST	
SALI & PERŞEMBE (KADIN)		10:00 11:00	11:00 12:00	12:00 13:00	