|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **GENÇLİK ve SPOR HİZMETLERİ MÜDÜRLÜĞÜ SPOR MERKEZLERİ ÇALIŞMA GÜN ve SAATLERİ** | | | | | | | | | | |
| **BEYLİCİUM (KADIN)** | | | | | | | | | | |
| **FİTNESS** | |  |  |  |  |  |  |  |  |  |
| PAZARTESİ & ÇARŞAMBA | 09:30 11:00 | 11:00 12:30 |  | 13:30 15:00 | 15:00 16:30 | 16:30 18:00 | 18:00 19:30 | 19:30 21:00 |  |  |
| SALI & PERŞEMBE | 09:30 11:00 | 11:00 12:30 |  | 13:30 15:00 | 15:00 16:30 | 16:30 18:00 | 18:00 19:30 | 19:30 21:00 |  |  |
| **PİLATES** | |  |  |  |  |  |  |  |  |  |
| PAZARTESİ & ÇARŞAMBA Salon-1 | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| SALI & PERŞEMBE Salon -1 | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| **PİLATES** | |  |  |  |  |  |  |  |  |  |
| PAZARTESİ & ÇARŞAMBA Salon -2 | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| SALI & PERŞEMBE Salon -2 | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| **PİLATES** | |  |  |  |  |  |  |  |  |  |
| PAZARTESİ & ÇARŞAMBA Salon -3 | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| **AEROBİK** | |  |  |  |  |  |  |  |  |  |
| SALI & PERŞEMBE Salon -3 | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| **ZÜBEYDE ANA S.Y.M ( KADIN )** | | | | | | | | | | |
| **FİTNESS** | |  |  |  |  |  |  |  |  |  |
| PAZARTESİ & ÇARŞAMBA | 09:30 11:00 | 11:00 12:30 |  | 13:30 15:00 | 15:00 16:30 | 16:30 18:00 | 18:00 19:30 | 19:30 21:00 |  |  |
| SALI & PERŞEMBE | 09:30 11:00 | 11:00 12:30 |  | 13:30 15:00 | 15:00 16:30 | 16:30 18:00 | 18:00 19:30 | 19:30 21:00 |  |  |
| **PİLATES** | |  |  |  |  |  |  |  |  |  |
| PAZARTESİ & ÇARŞAMBA | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| SALI & PERŞEMBE | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| **ZÜBEYDE ANA S.Y.M ( ERKEK )** | | | | | | | | | | |
| **FİTNESS** | |  |  |  |  |  |  |  |  |  |
| PAZARTESİ & ÇARŞAMBA & CUMARTESİ | 09:30 11:00 | 11:00 12:30 |  | 13:30 15:00 | 15:00 16:30 | 16:30 18:00 | 18:00 19:30 | 19:30 21:00 |  |  |
| SALI & PERŞEMBE & PAZAR | 09:30 11:00 | 11:00 12:30 |  | 13:30 15:00 | 15:00 16:30 | 16:30 18:00 | 18:00 19:30 | 19:30 21:00 |  |  |
| CUMARTESİ & PAZAR | 09:30 11:00 | 11:00 12:30 |  | 13:30 15:00 | 15:00 16:30 | 16:30 18:00 | 18:00 19:30 |  |  |  |
| **ÖZGECAN ASLAN KÜL. MRKZ. (KADIN)** | | | | | | | | | | |
| **FİTNESS** | |  |  |  |  |  |  |  |  |  |
| PAZARTESİ & ÇARŞAMBA | 09:30 11:00 | 11:00 12:30 |  | 13:30 15:00 | 15:00 16:30 | 16:30 18:00 | 18:00 19:30 | 19:30 21:00 |  |  |
| SALI & PERŞEMBE | 09:30 11:00 | 11:00 12:30 |  | 13:30 15:00 | 15:00 16:30 | 16:30 18:00 | 18:00 19:30 | 19:30 21:00 |  |  |
| **PİLATES** | |  |  |  |  |  |  |  |  |  |
| PAZARTESİ & ÇARŞAMBA | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| SALI & PERŞEMBE | 09:30 10:30 | 10:30 11:30 | 11:30 12:30 |  |  |  | 17:00 18:00 | 18:00 19:00 | 19:00 20:00 | 20:00 21:00 |
| **AŞIK VEYSEL YÜZME HAVUZU** | | | | | | | | | | |
| **YÜZME** | | **EĞİTİM 1 (KADIN)** | **EĞİTİM 2 (KADIN)** | **SERBEST (KADIN)** |  | **SERBEST (ERKEK)** |  |  |  |  |
| SALI & PERŞEMBE |  | 10:00 11:00 | 11:00 12:00 | 12:00 13:00 |  | **14:00 15:00** |  |  |  |  |