

ÖĞRETMEN FEDAI ALTUN SPOR TESİSİ		WEB	YEDEK									ASİL	YEDEK
ERKEK				FİTNESS									
SALI & PERŞEMBE	ONUR ULUSAN	12	12	09:30 11:00	11:00 12:30	Serbest	Serbest	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00	72	72
KADIN				FİTNESS									
CUMARTESİ & PAZAR	ONUR ULUSAN	12	12	09:30 11:00	11:00 12:30	Serbest	Serbest	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00	72	72
KADIN				FİTNESS									
PAZARTESİ & ÇARŞAMBA	DAMLA TÜRK	12	12	09:30 11:00	11:00 12:30	Serbest	Serbest	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00	72	72
FSM KÜLTÜR MERKEZİ		WEB	YEDEK									ASİL	YEDEK
KADIN				FİTNESS									
PAZARTESİ & ÇARŞAMBA	BERFİN ÇİFTÇİ	12	12	09:30 11:00	11:00 12:30	serbest	Serbest	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00	72	72
SALI & PERŞEMBE	BERFİN ÇİFTÇİ	12	12	09:30 11:00	11:00 12:30	serbest	Serbest	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00	72	72
ERKEK				FİTNESS									
PAZARTESİ & ÇARŞAMBA	SAMET DURSUN	12	12	09:30 11:00	11:00 12:30	serbest	Serbest	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00	72	72
SALI & PERŞEMBE	SAMET DURSUN	12	12	09:30 11:00	11:00 12:30	serbest	Serbest	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00	72	72
ZÜBEYDE ANA S.Y.M		WEB	YEDEK									ASİL	YEDEK
ERKEK				FİTNESS									
PAZARTESİ & ÇARŞAMBA	DOĞUKAN GÜLER	12	12	09:30 11:00	11:00 12:30	serbest	serbest	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00	72	72
SALI & PERŞEMBE	DOĞUKAN GÜLER	12	12	09:30 11:00	11:00 12:30	serbest	serbest	15:00 16:30	16:30 18:00	18:00 19:30	19:30 21:00	72	72
AYDIN ÖRS KAPALI SPOR SALONU		WEB	YEDEK									ASİL	YEDEK
KADIN				PİLATES									
PAZARTESİ & ÇARŞAMBA	ESRA AKSOY	12	12		09:30 10:30	10:30 11:30	11:30 12:30	serbest	14:00 15:00	15:00 16:00	16:00 17:00	72	72
KADIN				YOGA									
SALI & PERŞEMBE	CEYLİN KOCAOĞLU	12	12						13:30 14:30	14:30 15:30	15:30 16:30	36	36